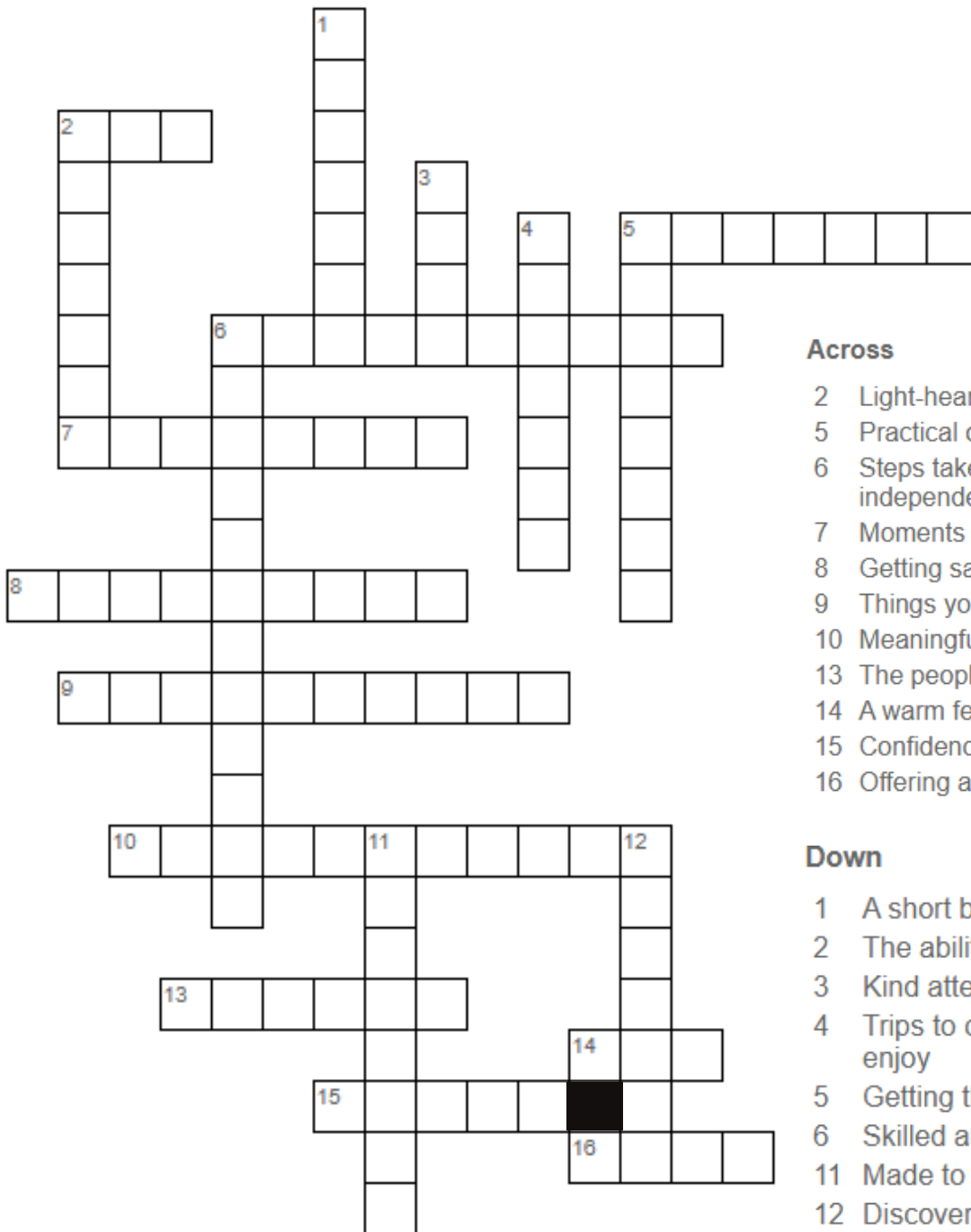




Companionship Crossword

This puzzle is filled with words that celebrate connection, confidence and everyday joy. Read each clue and fill in the matching word. There is no rush, just a bit of fun.



Across

- 2 Light-hearted enjoyment
- 5 Practical or emotional help
- 6 Steps taken to stay well and independent
- 7 Moments you treasure and recall
- 8 Getting safely from place to place
- 9 Things you enjoy doing each day
- 10 Meaningful moments shared together
- 13 The people closest to your heart
- 14 A warm feeling of happiness
- 15 Confidence in someone's reliability
- 16 Offering a hand when needed

Down

- 1 A short break that brings relief
- 2 The ability to chose how you live
- 3 Kind attention that supports wellbeing
- 4 Trips to cafe's, parks, or places you enjoy
- 5 Getting the things you need or enjoy
- 6 Skilled and trained in their work
- 11 Made to suit someone's need
- 12 Discover new places or interests

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