



Apr '25

Companionship Services

PROVIDING PERSONAL ASSISTANCE - EXPANDING YOUR WORLD

togetherness
THE NEWSLETTER

Hi from Anja

How's the year shaping up for you?
We've started to have a few nice days of weather now and have been able to enjoy the great outdoors more with our lovely clients.

I hope you're getting out as much as you would like to.

At Companionship Services it's been another busy month for us which has included planning for a couple of exciting events that you can find out more about below.



What's On

As we get deeper into spring and with the weather improving and Easter on the horizon there are lots more events going on locally. Here are just few events that may pique your interest.



Saturday 26th April, 2pm

Poetry and cake!

Theme 'Air'. St Mary's Sunbury, Parish Hall, Green Street TW16 6NR. Free parking. All are welcome, with or without a poem. Send poem suggestions on the theme, creatively interpreted to revrobinmorrison@gmail.com

Sunday 27th April, 11am-4pm

Weybridge Artisan Market

Churchfield Car Park, Weybridge. Fun filled afternoon of good food, entertainment and hand made gifts, plus a spring fashion show. Music provided by Brooklands Radio.

Thursday 29th- Saturday 31 May, 7.30pm (and 2.30 pm matinee on 31st)

'Mirrors' & 'Parent/Teacher'

Two entertaining one act plays by local writer Peter Shaw

Riverhouse Barn, Walton-on-Thames. Information and tickets available on website www.riverhousebarn.co.uk

Local News



If you want to know more about what's happening locally make sure you take a look at your local community magazine. These magazines do a great job of keeping us

informed with local news and events going on in the area. Here are a links to a few local magazines.

TW Magazines (Hampton/Hill/Wick, Teddington, Twickenham) [TW Magazines | Connecting Community & Local Business TW1&2, TW11 & TW12](#)

Runnymede Life [Issues | Runnymede Life North Edition | Connecting with Our Community](#)

Shepperton Matters [Village Matters - Award-Winning Community Magazines](#)

Sunbury Matters [Village Matters - Award-Winning Community Magazines](#)

Thames Life (Laleham and Staines) <https://www.thames-life.com>

Team Building





Last month we had our first company team meeting. Over recent months our team has been growing and the nature of our work means we don't get to see other Companions often, so it was a first chance to meet in person for many of us.

The meeting was not only a chance for getting to know each other better and bonding (the game of truth or lie was particularly fun and puzzling), but we also took the opportunity to receive further advice and training from Bill Cunningham, Scam Champion Trading

Standards. The team took on Bill's advice to help us know the signs to look out for in order to prevent our clients from becoming scam victims.

We also all took part in a role play activity that reinforced the importance of being empathetic, understanding and supportive if a client feel anxious, upset or sad.

We covered various techniques that will support us in providing the highest quality support.

It was a wonderful morning filled with the warmth of so many kind-hearted people coming together.

Save the Date

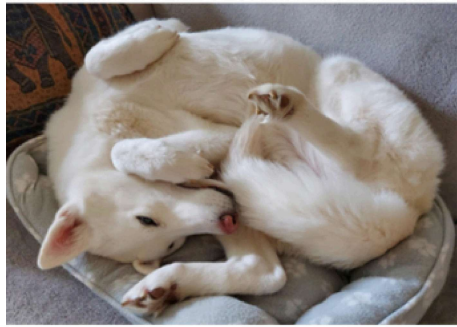
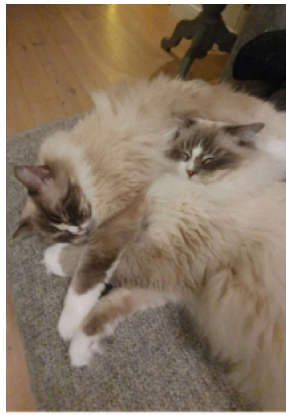


Thursday 22nd May

Dementia Friendly Spelthorne, Engagement Event.

Anja is part of the Dementia Friendly Spelthorne Team working on putting this event together to make information more accessible than ever before during Dementia Action Week (19th-25th May). This is a FREE event, we hope to hold on Staines High Street on the 22nd of May. We'll update you on further details soon.

National Pet Month



Did you know that April is National Pet Awareness month in the UK. The purpose of this campaign is to celebrate and raise awareness of responsible pet ownership. We are known as a nation of animal lovers - for many

of us, pets can be a loving and loyal companion at any stage of our life. So we thought we'd use this excuse to feature some of the furry friends of our clients and Companions. So cute!

Getting Creative at Home

Easter has lots of possibilities if you're a crafty person. And even if you're not usually into crafts, it can be fun to give it a go! There are lots of ideas for creating your own Easter wreath on the Hobbycraft website [11 DIY Wreaths to Make this Easter | Hobbycraft](#). Or why not use Anja's Easter Bunny painted on a wooden disc purchased from Hobbycraft (pictured right) as inspiration.





Get in Touch: If there's something different you'd like to see from us in future newsletters, then we'd love to hear from you. Your feedback is invaluable to help us shape a service suits the needs of the community. We're all ears!

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